## WE HELP TO SAVE HEALTH – THE ONLY SUPREME VALUE!



## PRODUCT GUIDE



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**Composition.** Active ingredients: sea-buckthorn oil -7.20 g, anesthesin -2.16 g, chloramphenicol -2.16 g, boric acid -0.36 g. Inactive ingredients: anhydrous lanolin, stearic acid, trolamine, glycerol, purified water, a mixture of freons.

**Description.** A wound healing medicine with anaesthetic and antimicrobial action. It reduces exudation, stimulates tissue regeneration and promotes wound epithelialization.

Indications. Infectious wounds (including sluggish wounds), trophic ulcers, burns, free skin grafting, microbial eczema, itching dermatitis.

**Contraindications.** Hypersensitivity to the components of the drug, pregnancy, breastfeeding, neonatal period.

Packaging. 80 ml aerosol can.

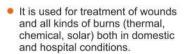
**Storage conditions.** Store below 15 °C. Keep away from fire, heaters and direct sunlight. Keep out of reach of children.

Shelf life. 2 years.

## First aid for burns!



Olasol is a complex medicine based on sea-buckthorn oil. It has no analogues on Russian pharmaceutical market.



- A high level of sputtering dispersion ensures fast and deep penetration of the drug components into the tissues.
- Aerosol foam creates a strong barrier for infections, does not injure previously damaged tissues and causes no greenhouse effect.
- Aerosol form ensures drug sterility.











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**Composition**. *Active ingredients*: camphor – 0.3 g, menthol – 0.3 g, eucalyptus oil – 0.3 g, chlorobutanol hemihydrate – 0.3 g. *Inactive ingredients*: ethyl alcohol, isopropyl myristate.

**Description**. A combination drug with local antiseptic, antiinflammatory and mild analgesic effects.

Indications. Inflammatory ENT diseases (including rhinitis, pharyngitis, laryngitis).

 ${\bf Contraindications.}\ Individual\ intolerance\ to\ the\ components\ of\ the\ drug.\ Children\ under\ 5\ years\ of\ age.$ 

Packaging. 30 ml aerosol can.

Storage conditions. Store between 0-25  $^{\circ}$ C. Keep out of reach of children.

Shelf life. 2 years.



#### PRODUCT GUIDE



#### **AEROSOLS & SPRAYS**

## HPOSOL Aerosol for topical application



**Composition.** Active ingredients: sea-buckthorn oil – 26.316 g, ethazol sodium – 1.754 g, methyluracil – 1.754 g. *Inactive ingredients:* tween 80, fatty alcohols, nipasol, ethyl alcohol, purified water, a mixture of freons.

**Description**. A combination drug with a local antiinflammatory, antiseptic and regenerative effects.

**Indications**. Non-specific vulvitis, colpitis, cervical erosion; condition after uterine extirpation, cervical diathermocoagulation; proctitis, condition after rectal and perineal surgery; erosive-ulcer lesions of oral mucosa and periodontium; first- and second-degree burns.

**Contraindications.** Hypersensitivity to the components of the drug, "proud flesh" in the supposed place of application.

Packaging. 57 g aerosol can.

Storage conditions. Store below 20 °C away from fire, heaters and direct sunlight. Keep out of reach of children.









Composition. Active ingredients: sodium sulfanilamide (soluble streptocide) - 0.750 g, sodium sulfathiazole pentahydrate - 0.750 g, eucalyptus oil - 0.015 g, peppermint oil -0.015 g, thymol -0.15 g. Inactive ingredients: ethyl alcohol 95 %, sucrose, glycerol, polysorbate-80, purified water, nitrogen.

**AEROSOLS & SPRAYS** 

AEROSOLS & SPRAYS

**Description.** A combination drug for topical application. It has an antimicrobial effect (against gram-positive and gramnegative bacteria), as well as anti-inflammatory, mild analgesic and antifungal effects (against Candida fungi).

Indications. Tonsillitis, pharyngitis, laryngitis, aphthous and ulcerative stomatitis.

Contraindications. Hypersensitivity to the components of the drug; children under 3 years of age.

Packaging, 30 ml aerosol can.

Storage conditions. Store below 30 °C. Keep out of reach of children.

Shelf life. 2 years.



#### Spray for topical and external application



Composition. Active ingredient: povidone iodine - 1.38 g. Inactive ingredients: levomenthol, ethyl alcohol, propylene glycol, sodium phosphate dodecahydrate, purified water.

Description. It has antiseptic, disinfectant, antifungal, antiprotozoal activity.

Indications. Inflammatory diseases of oral mucosa: catarrhal gingivitis and stomatitis, aphthous and ulcerative stomatitis, periodontitis.

Contraindications. Hypersensitivity to iodine and other components of the drug, thyroid dysfunction (thyrotoxicosis), thyroid adenoma, heart failure, Duhring's disease (dermatitis herpetiformis), simultaneous application of radioactive iodine. children under 8 years of age.

Packaging, 30 g aerosol can.

Storage conditions. Store between 8-25 °C. Keep out of reach of children.



## PROPOSC

#### Spray for topical application



Composition. Active ingredient: propolis - 3.0 g. Inactive ingredients: ethyl alcohol, glycerin.

Description. The drug is based on propolis - a natural product of beekeeping. This substance provides antiseptic, anti-inflammatory, analgesic and regenerative effects.

Indications. Inflammatory diseases of oral mucosa: catarrhal gingivitis and stomatitis, aphthous and ulcerative stomatitis, periodontitis.

Contraindications. Hypersensitivity to the components of the drug and beekeeping products, eczema, children under 18 years of age.

Packaging. 25 g and 50 g aerosol can.

Storage conditions. Store between 0-35 °C in a dry place. Keep out of reach of children.

Shelf life, 3 years.



**AEROSOLS & SPRAYS** 



## **TERBIX®**

#### Spray for topical application



Composition. Active ingredient: terbinafine hydrochloride -0.30 g. Inactive ingredients: isopropyl alcohol, 1,2propylene glycol, polysorbate 60, macrogol-400, purified water.

Description. Antifungal agent for topical application, with a wide range of antifungal activity.

Indications. Prevention and treatment of skin fungal infections: athlete's foot, jock itch, fungal lesions of smooth skin, tinea versicolor caused by Pityrosporum orbiculare.

Contraindications. Hypersensitivity to terbinafine or any inactive ingredient of the drug. Not recommended for children.

Packaging. 30 g aerosol can.

Storage conditions. Store below 30 °C. Do not freeze. Keep out of reach of children.



## SALBUTAMOL

#### Metered-dose inhaler



Composition. Active ingredient: salbutamol - 0.0725 mg. Inactive ingredients: cetyl oleate, freons.

**AEROSOLS & SPRAYS** 

**AEROSOLS & SPRAYS** 

Description. Selective β2-adrenomimetic. In therapeutic doses it provides an apparent stimulating effect on B2adrenergic receptors of bronchi, blood vessels and myometrium. Practically it makes no effect on β1-adrenergic receptors of heart (i.e. it doesn't affect the cardiovascular system and doesn't increase blood pressure).

Indications. Prevention and rapid relief of bronchospasm in bronchial asthma, chronic obstructive bronchitis, lung emphysema.

Contraindications. Hypersensitivity to the drug. Children under 2 years of age.

Packaging. 12 ml (90 doses) aluminum can.

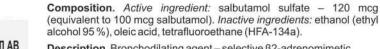
Storage conditions. Store below 25 °C. Keep out of reach of children.

Shelf life. 2 years.



## SALBUTAMOL AV

Meteres-dose inhaler





Description. Bronchodilating agent – selective β2-adrenomimetic.

Indications. Bronchial asthma: a rapid relief of bronchial asthma attacks, including the exacerbation of severe bronchial asthma; the prevention of bronchospasm attacks caused by an allergen or physical activity; the use as a component of a long-term maintenance therapy of bronchial asthma; chronic obstructive pulmonary disease (COPD), accompanied by a reversible airway obstruction, chronic bronchitis.

Contraindications. Hypersensitivity to any component of the drug, children under 2 years of age, pregnancy.

Packaging. 7 g (200 doses) or 11 g (300 doses) aluminum cans.

Storage conditions. Store below 30 °C. Keep out of reach of children.



#### The first Russian pharmaceutical drug for the prevention and treatment of hyperhomocysteinemia

**Composition.** Active ingredients: pyridoxine hydrochloride (vitamin B6) – 4 mg; folic acid (vitamin B9) – 5 mg; cyanocobalamin (vitamin B12) – 0.006 mg. *Inactive ingredients:* sugar, potato starch, wheat flour, talc, croscarmellose sodium, calcium stearate, titanium dioxide, methylcellulose, gelatin, sunflower oil, beeswax, magnesium hydroxycarbonate pentahydrate.

**Description.** Angiovit activates metabolic cycles of methionine, normalizing blood homocysteine level. Homocysteine is one of the main risk factors for cardiovascular diseases (coronary heart disease, strokes, thrombosis) and pregnancy pathologies (including congenital malformations).

Indications. Prevention of vitamin B6, B9, B12 deficiency; increased homocysteine level.

**Contraindications.** Allergic reactions to B vitamins, childhood, breastfeeding, sucrase-isomaltase insufficiency, fructose intolerance, glucose-galactose malabsorption.

Packaging. Coated tablets, 60 pcs.

**Storage conditions.** Store below 25 °C in a dry place away from sunlight. Keep out of the reach of children.

Shelf life. 3 years.



A high homocysteine level is proven to be one the factors causing atherosclerosis, cerebral stroke, myocardial infarction and thrombosis.







VITAMINS

**Composition.** Active ingredients: retinol palmitate (vitamin A) in oil 55 % – 0.1 ml, alpha-tocopherol acetate (vitamin E) – 0.1 g. Inactive ingredient: corn oil.

**Description.** Vitamin A is necessary for normal night and twilight vision. Vitamin E is an antioxidant, it takes part in the formation of connective tissue, vascular smooth muscles and gastrointestinal tract. It restores capillary circulation, normalizes capillary and tissue permeability, increases tissue hypoxia tolerance.

**Indications.** Vitamin A and E deficiency. A complex therapy of skin lesions and diseases accompanied by tissue trophic changes: psoriasis, some types of eczema, ichthyosis, seborrheic dermatitis); obliterating endarteritis.

Contraindications. Hypersensitivity to the components of the drug, hypervitaminosis A and E,

pregnancy, breastfeeding, children under 18 years

of age.

 $\textbf{Packaging.}\ 0.2\ g\ capsules\ in\ blisters\ of\ 10\ or\ 30\ pcs.$ 

Storage conditions. Store between 5-20 °C away from sunlight. Keep out of reach of children.

Shelf life. 2 years.



Аевит

30 капсул

«АПТАЙВИТАМИНЫ»

Витамин Е

АЛЬФА-ТОКОФЕРОЛА

ALLETAT

30 капсул, 100 мг

Витамин Е

Ретинол

PRODUCT GUIDE

VITAMINS

## ALPHA-TOCOPHEROL ACETATE Vitamin E

 $\label{local_composition} \textbf{Composition.} \ \ \textit{Active ingredient:} \ \ \textit{alpha-tocopherol acetate (vitamin E)} - 100 \ \text{mg.} \ \ \textit{Inactive ingredients:} \ \ \textit{sunfloweroil, gelatin, glycerin, purified water, "Azorubin" coloring agent, methylparaben.}$ 

**Description.** Vitamin E is an antioxidant. It prevents oxidative changes, plays a significant role for the development of human body and normal function of nervous and muscular systems.

Indications. Treatment of hypovitaminosis and avitaminosis E.

nents of the Packaging 30 pcs.

**Contraindications.** Hypersensitivity to the components of the drug, children under 3 years of age.

**Packaging.** 0.2 g capsules in blisters of 10 and 30 pcs.

**Storage conditions.** Store between 5-20 °C away from sunlight. Keep out of reach of children.

## ASCORUTIN

#### Tablets

Composition. Active ingredient: rutin - 0.05 g, ascorbic acid - 0.05 g. Inactive ingredients: sugar, potato starch, talc, calcium stearate.

Description. Ascorbic acid is actively involved in the regulation of redox reactions, carbohydrate metabolism and collagen synthesis. Rutin (ruthoside) eliminates the increased capillary permeability and strengthens vessel walls.

Indications. Hypovitaminosis and avitaminosis of ascorbic acid and ruthoside. Complex therapy of diseases accompanied by the violation of vascular permeability: varicose veins, trophic disorders

and skin ulcers, chronic venous insufficiency, hemorrhagic diathesis.

Contraindications. Hypersensitivity to the drug components, childhood, pregnancy (1st trimester).

Packaging. 50 tablets.

Storage conditions. Store below 30 °C in a dry place away from sunlight. Keep out of reach of

Shelf life. 3 years.





VITAMINS



#### Capsules

Composition. Active ingredient: retinol palmitate (vitamin A) in oil 55 % - 0.1 ml. Inactive ingredients: corn oil, gelatin, glycerin, nipagin, purified water.

Description. Retinol is a general tonic, which normalizes tissue metabolism, participates in redox processes and stimulates skin regeneration. It makes a positive effect on tear, sebaceous and sweat glands; increases the organism's resistance to infections, diseases of mucous membranes, respiratory tract and intestines. It also improves dark adaptation.

Indications. Vitamin Adeficiency.

Contraindications. Hypersensitivity to the components of the drug, hypervitaminosis A, pregnancy, breastfeeding, cholelithiasis, chronic pancreatitis, acute inflammatory skin diseases, childhood,



Packaging, 0.2 g capsules in blisters of 10 or 30 pcs.

Storage conditions. Store between 18-20 °C away from sunlight. Keep out of reach of children.





## ASCORBIC ACID Vitamin C

#### Dragees

Composition. Active ingredient: ascorbic acid (vitamin C) - 50 mg. Inactive ingredients: sugar, glucose syrup, beeswax, talc powder, orange food flavour, quinoline yellow dye.

> Description. Ascorbic acid is actively involved in many redox reactions, it provides a nonspecific general stimulating effect on human body. It increases the adaptability of the organism and its resistance to infections. Vitamin C also promotes regeneration processes.

Indications. Treatment and prevention of hypovitaminosis and

Contraindications. Hypersensitivity to the drug components, thrombophlebitis, tendency to thrombosis. For long term usage in big doses (more than 500 mg) - diabetes mellitus, hyperoxaluria, nephrolithiasis, hemochromatosis, thalassemia, deficiency of glucose-6-phosphate dehydrogenase, sucrase-isomaltase insufficiency, fructose intolerance, glucose-galactose malabsorption.

Packaging. Dragees in a polymeric jar, 200 pcs.

Storage conditions. Store below 25°C away from sunlight. Keep out of reach of children.

Shelf life. 1.5 years.



VITAMINS

## HEXAVIT

#### Dragees

Composition. Active ingredients: vitamin A - 2.75 mg (5000 ME), thiamine hydrochloride (B1) - 2 mg, riboflavine (B2) - 2 mg, pyridoxine hydrochloride (B6) - 2 mg, ascorbic acid (C) - 70 mg, nicotinamide - 15 mg. Inactive ingredients: sugar, wheat flour, glucose syrup, talc powder, sunflower oil, beeswax, lemon food flavor, quinoline yellow dye.

Description. A complex multivitamin drug that regulates metabolic processes due to the properties of the included vitamins.



Indications. Hypovitaminosis (prophylaxis), reduced resistance of the organism to infections and colds, long-term antibiotic treatment, reduced visual acuity in certain professions (drivers, pilots, etc.).

Contraindications. Hypersensitivity to the drug components, children under 3 years of age, sucrase-isomaltase insufficiency, fructose intolerance, glucose-galactose malabsorption.

Packaging. Dragees in a polymeric jar, 50 pcs.

Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.







Composition. Active ingredients: retinol palmitate (A) - 0.00138 g, thiamine chloride (B1) - 0.001 g, riboflavin (B2) - 0.001 g, ascorbic acid (C) - 0.035 g. Inactive ingredients: wheat flour, glucose syrup, sugar, beeswax, sunflower oil, talc powder, "Orange 508" food flavor.

Description. Ageneral tonic drug that regulates tissue metabolism.

Indications. High physical and mental loads, a period of intensive growth in children, pregnancy and breastfeeding, unbalanced and poor nutrition, recovery period.

> Contraindications. Hypersensitivity to the components of the drug, children under 3 years of age.

Packaging. Dragees in a polymeric jar, 100 pcs.

Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life. 1 year.





VITAMINS

## UNDEVIT

#### Dragees

Composition. Active ingredients: retinol palmitate (vitamin A) - 0, 001817 g (3300 ME), alphatocopherol acetate (vitamin E) - 0.01 g, thiamine hydrochloride (vitamin B1) - 0.002 g, riboflavine (vitamin B2) - 0.002 g, pyridoxine hydrochloride (vitamin B6) - 0,003 g, cyanocobalamin (vitamin B12) - 0.000002 g, ascorbic acid (vitamin C) - 0.075 g, nicotinamide - 0.02 g, folic acid - 0.00007 g, rutin - 0.01 g. calcium pantothenate - 0.003 g. Inactive ingredients: sugar, glucose syrup, wheat flour, talc powder, sunflower oil, beeswax, "Orange 508" food flavor.



Description. The drug activates metabolic processes in tissues, eliminates vitamin deficiency and helps to restore vitality of middle-aged and elderly people.

Indications. Prevention and treatment of hypovitaminosis caused by the use of antibiotics; recovery period after illnesses; high physical and mental loads: the improvement of metabolism in old and elderly age.

Contraindications. Hypersensitivity to the components of the drug. childhood, pregnancy (the 1st trimester).

Packaging. Dragees in a polymeric jar, 50 pcs.

Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.



#### **Tablets**

**Composition.** Active ingredients: ascorbic acid (vitamin C) – 100 mg; folic acid – 0.8 mg. Inactive ingredients: sugar, potato starch, calcium stearate, talc.

Description. Ageneral tonic drug that stimulates erythropoiesis.

**Indications.** The conditions caused by ascorbic and folic acid deficiency: macrocytic anemia, sprue; anemia and leukopenia caused by pharmaceuticals and ionizing radiation; anemia caused by stomach and bowel resection; liver diseases; dystrophy; pregnancy (especially multifetal pregnancy), breastfeeding.

Contraindications. Hypersensitivity to the components of the drug, pernicious anemia.

Packaging. Tablets in a contour cell pack of 50 pcs.

Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life. 3 years.



1.4

PHARMACEUTICAL DRUGS



#### PRODUCT GUIDE

#### VITAMINS

## PENTOVIT

#### Coated tablets

**Composition.** Active ingredients: thiamine chloride (vitamin B1) - 0,01 g, pyridoxine hydrochloride (vitamin B6) - 0,005 g, nicotinamide - 0,02 g, folic acid - 0,0004 g, cyanocobalamin (vitamin B12) - 0,0005 g. Inactive ingredients: sugar, talc, calcium stearate, potato starch, beeswax, basic magnesium carbonate, wheat flour, methyl cellulose, food gelatin, titanium dioxide.

Description. A multivitamin drug that influences central and peripheral nervous system.

**Indications.** A complex therapy of central and peripheral nervous system diseases (radiculitis, neuralgia, neuritis), asthenic conditions of different genesis.



**Contraindications.** Hypersensitivity to the drug components, pregnancy.

Packaging. 50 coated tablets in a blister or a pack.

Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.



SOLUTIONS FOR

INFUSION

## **GLUCOSE**

5 %, 10 %, 20 %, 40 %

#### Solution for infusion



Composition. Active ingredient: glucose. Inactive ingredients: sodium chloride, hydrochloric acid solution, water for injection.

Description. It has detoxifying and rehydrating effects.

Indications, 5 % solution is used as a source of carbohydrates (separately or as a part of a parenteral nutrition, when necessary); for rehydration in case of a fluid loss, especially in patients with a high carbohydrate demand; for dilution and dissolution of parenteral preparations; 10 % - for prevention and treatment of hypoglycemia; 20 % and 40 % - as a source of carbohydrates, especially if it is necessary to limit drinking; hypoglycemia.

Contraindications. Hypersensitivity, hyperglycemia, hyperlactacidemia, hyperhydration, post-operation disorders of glucose utilization; circulatory disorders threatening brain and lung edema; brain edema, pulmonary edema, acute left ventricular insufficiency, hyperosmolar coma.

Packaging. 250 ml, 500 ml plastic film containers with plastic tubes and infusion ports.

Storage conditions. Store between 15-30 °C. Keep out of the reach of children.

Shelf life. 3 years.



#### SOLUTIONS FOR SODIUM CHLORIDE 0,9 % INFUSION

#### Solution for infusion



Composition. Active ingredient: sodium chloride - 9 g, active ingredient: water for injection - up to 1 liter.

Description. The solution has detoxifying and rehydrating effects. It replenishes sodium deficiency in various pathological conditions and temporarily increases the volume of fluid circulating in the vessels.

Indications. Sodium chloride isotonic solution is used to dissolve medicinal preparations; in cases of high losses of extracellular fluid or insufficient drinking (toxic dyspepsia, cholera, diarrhea, intractable vomiting, extensive burns with severe exudation, etc.); hypochloremia and hyponatremia with dehydration; intestinal obstruction, intoxication; regional perfusion with heparin, antitumor and other drugs.

Contraindications. Hypernatriemia, acidosis, hyperchloremia, hypokalemia, extracellular hyperhydration, circulatory disorders threatening brain and lung edema, brain and lung edema, acute left ventricular insufficiency, concomitant prescription of glucocorticosteroids in high doses.

Packaging. 250 ml, 500 ml plastic film containers with plastic tubes and infusion ports. Storage conditions. Store below 25 °C in a dry place. Keep out of reach of

Shelf life. 2 years.

children.



## DENTAMET

#### Dental gel

**Composition.** Active ingredients: metronidazole -1.00 g; chlorhexidine 20% - 0.50 g. Inactive ingredients: levomenthol, glycerin, propylene glycol, trolamine, carbomer, saccharin sodium dihydrate, water.

SEMISOLIDS

**Description.** A combination antimicrobial drug. Metronidazole has antiprotozoal and antibacterial effect. Chlorhexidine is a disinfection agent.

**Indications.** Infectious and inflammatory diseases of periodontium and oral mucosa: acute and chronic gingivitis, acute necrotizing ulcerative gingivitis (Vincent gingivitis), acute and chronic periodontitis, periodontal disease complicated by gingivitis, aphthous stomatitis, heilitis, inflammations caused by dental prostheses, post-extraction alveolitis (the inflammation of an extraction socket), periodontal abscess (as a part of a combined therapy).

**Contraindications.** Hypersensitivity to metronidazole, chlorhexidine, nitroimidazole derivatives or other components of the drug; children under 18 years of age.

Packaging. 25 g tubes.

Storage conditions. Store below 25 °C away from sunlight. Keep out of reach of children.

Shelf life. 2 years.

## Dentamet is used for the treatment of inflammatory diseases of gums and the prevention of their exacerbations.



- A just-in-time use of Dentamet helps to treat inflammatory diseases of gums at early stages.
- Dentamet helps to reduce the inflammation processes incl. the ones caused by dental intervention (denture treatment, tooth stopping, the use of braces).
- The original gel formula provides a good adhesion to soft tissues ensuring a long-term therapeutic effect.
- Dentamet is easy to apply.
- The gel has a neutral taste.
- The gel is approved by Stomatologic Association of Russia.





Ointment for topical application 5 %

Composition. Active ingredient: acyclovir - 5 g. Inactive ingredients: lipocomp "C", polyethylene oxide 400, emulsifier No. 1, nipagin, propyl p-hydroxybenzoate, purified water.

Description. Antiviral agent.

Indications. Treatment of viral infections caused by Herpes simplex on lips and genital organs; chickenpox in children above 1 year of age.

Contraindications. Hypersensitivity to acyclovir, valacyclovir and other components of the drug.

Packaging. 10 g aluminum tube.

Storage conditions. Store in a dry, cool place away from sunlight. Keep out of reach of children.

Shelf life. 2 years.





SEMISOLIDS

## BALSAMIC LINIMENT WISHNEVSKY

#### Liniment for topical application

Composition. Active ingredients: birch tar oil - 3 g, xeroform - 3 g. Inactive ingredients: aerosil, castor oil.

Description. Antiseptic agent, accelerating process of regeneration.

Indications. Uninfected, non-healing postoperative or post-traumatic wounds of skin and soft tissues.

Contraindications. Hypersensitivity, acute purulent skin and soft tissue diseases.

Packaging. 30 g aluminium tube.

Storage conditions. Store below 15 °C. Keep out of reach of children.





## BENZYL BENZOATE

#### Ointment for external application 20 %

Composition. Active ingredient: benzyl benzoate - 20 g. Inactive ingredients: trolamine, stearic acid, macrogol 400, purified water.

Description. It has a toxic effect on itch mites.

Indications, Scabies

Contraindications. Hypersensitivity to benzyl benzoate and other components of the drug, pregnancy, breastfeeding, childhood.

Packaging. 25 g aluminum tube.

Storage conditions. Store below 20 °C away from sunlight. Keep out of reach of children.

Shelf life. 3 years.





SEMISOLIDS

## **HEPARIN**

#### Ointment for external application

Composition. Active ingredients: sodium heparin - 10000 IU, anesthesin - 4 g, benzyl nicotinate -0.08 g. Inactive ingredients: glycerin, vaseline, stearin, corn oil, emulsifier No. 1, methyl phydroxybenzoate, propyl p-hydroxybenzoate, purified water.

Description. Anticoagulant, anti-inflammatory, analgesic agent.

Indications. Localized infiltrates and swelling of soft tissues, injuries and contusions (including muscle tissue, tendons, joints), thrombophlebitis of superficial veins, subcutaneous hematomas (including those after injections and phlebectomy), external hemorrhoids.

Contraindications. Hypersensitivity to the components of the drug, ulcerative necrotic skin changes in the areas of the alleged ointment application, skin injury, children under 18 years of age.

Packaging. 25 g aluminum tube.

Storage conditions. Store in a dry, cool place away from sunlight. Keep out of reach of children.

Shelf life. 3 years.





PHARMACEUTICAL DRUGS



Composition. Active ingredient: oxolin - 0.25 g. Inactive ingredients: liquid paraffin, vaseline.

Description. It has an antiviral activity.

Indications. Influenza prevention, viral rhinitis treatment.

Contraindications. Individual intolerance to the components of the drug.

Packaging. 10 g aluminum tube.

Storage conditions. Store below 10 °C. Keep out of reach of children.

Shelf life. 2 years.



PRODUCT GUIDE



#### SEMISOLIDS

## PREDNISOLONE

#### Ointment 5 mg/g

**Composition.** Active ingredient: prednisolone – 0.5 g. Inactive ingredients: glycerin, vaseline, stearic acid, emulsifier No. 1, methyl p-hydroxybenzoate, propyl p-hydroxybenzoate, purified water.

Description. It has anti-inflammatory, anti-allergic, antipruritic and anti-exudative effects.

Indications field. Prednisolone ointment is used in complex treatment of inflammatory and allergic skin diseases of non-microbial etiology: eczema, allergic, seborrheic and contact dermatitis, neurodermatitis, psoriasis, discoid lupus erythematosus, erythrodermia.

**Contraindications.** Hypersensitivity to the components of the drug; skin wounds and ulcers; bacterial, viral and fungal skin diseases; children under 1 year of age.

Packaging. 10 g aluminum tube.

Storage conditions. Store below 15 °C. Keep out of reach of children.





### SINAFLAN Ointment 0.025 %

Composition. Active ingredient: fluocinolone acetonide - 0,025 g. Inactive ingredients: propylene glycol, vaseline, lanolin, ceresin,

Description. It has anti-inflammatory, anti-allergic, antipruritic action.

Indications. Acute and chronic inflammatory and allergic skin diseases of non-microbial etiology, accompanied by skin dryness: seborrheic dermatitis, eczema of different origin and localization, neurodermatitis, skin itching, psoriasis, sunburns, insect stings.

Contraindications. Hypersensitivity to fluocinolone or any component of the drug; skin wounds and ulcers; bacterial, viral or fungal skin infections; pregnancy; breastfeeding; children under 2 years of age.

Packaging. 10 g aluminum tube.

Storage conditions. Store below 25 °C. Keep out of reach of children.

Shelf life. 5 years.





#### SEMISOLIDS

## SYNTHOMYCIN

Liniment 10 %

Composition. Active ingredient: chloramphenicol [D, L] - 10 g. Inactive ingredient: castor oil, sorbic acid, carmellose sodium, emulsifier No. 1, purified water.

Description. Antimicrobial agent.

Indications. Infected wounds in the 2<sup>nd</sup> phase of the wound process (absence of pus, necrotic tissue) caused by sensitive microorganisms; second- and third-degree burns; non-healing trophic ulcers.

Contraindications. Hypersensitivity to chloramphenical and other components of the drug, neonatal period (up to 4 weeks), pregnancy, breastfeeding.

Packaging. 25 g aluminium tube.

Storage conditions. Store at 15 °C in a dry place away from sunlight. Keep out of reach of children.









#### Cream for topical application 1 %

**Composition.** Active ingredient: terbinafine hydrochloride – 0.1 g. Inactive ingredients: benzyl alcohol, sodium hydroxide, cethyl palmitate, cetyl alcohol, stearyl alcohol, polysorbate 60, isopropyl myristate, sorbitan stearate, purified water.

Description. Antifungal agent for external use with a wide range of antifungal activity.

**Indications.** Prevention and treatment of skin fungal infections: athlete's foot, jock itch, fungal lesions of smooth skin, tinea versicolor caused by Pityrosporum orbiculare, skin yeast infections incl. diaper rash.

Contraindications. Hypersensitivity to terbinafine or any other ingredient of the drug.

Packaging. 10 g aluminum tube.

Storage conditions. Store below 20 °C in a dry place. Keep out of reach of children.

Shelf life. 2 years.



PRODUCT GUIDE



SEMISOLIDS

### VASELINE

#### Ointment for external application

Composition. Vaseline.

Description. It provides a softening action.

Indications. Skin dryness, preparing for treatment (pre-lubrication of the enema nozzle or colonic tube).

Contraindications. Hypersensitivity to the preparation.

Packaging. 30 g aluminium tube.

Storage conditions. Store below 15 °C away from sunlight. Keep out of reach of children.







## **OLESTHESIN®**

#### Rectal suppositories

**Composition.** Active ingredients: sea-buckthorn oil concentrate – 330 mg (with the total amount of carotenoids converted to beta-carotene 300 mg%), ethazol sodium – 50 mg, anesthesin – 100 mg. *Inactive ingredients*: twin 80, polyethylene oxide 400, polyethylene oxide 4000, polyethylene oxide 1500.

**Description**. A combination drug with local anesthetic, anti-inflammatory and antiseptic effects. It provides tissue regeneration in cases of anal fissures and erosion. It has a hemostatic effect, relieves pain and discomfort, eliminates inflammation and restores the elasticity of capillaries, reducing internal and external hemorrhoids.

Indications. Hemorrhoids, anal fissures, perianal itch.

Contraindications. Hypersensitivity to the drug components, children under 18 years of age.

Packaging. 10 suppositories in contour cell packs.

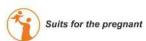
Storage conditions. Store below 15 °C away from sunlight.

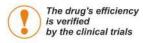
Shelf life. 2 years.

## A combination drug for the treatment of hemorrhoids and related problems.

#### Produced on the basis of a high-carotenoid Altay sea-buckthorn oil

- Removes pain and discomfort
- Reduces hemorrhoidal tumors
- Promotes tissue regeneration i.a. after surgery
- Prevents infectious complications
- Shows the activity against all hemorrhoids symptoms







## DICLOFENAC

#### Rectal suppositories

Composition. Active ingredient: sodium diclofenac - 50 mg. Inactive ingredients: polyethylene oxide 400, solid fat.

Description. It has anti-inflammatory, analgesic and antipyretic effects.

Indications. Inflammatory and degenerative diseases of the musculoskeletal system: arthritis, spondylitis; osteoarthritis, bursitis, tendovaginitis; pain syndrome of a different origin; neuralgia, myalgia, post-traumatic syndrome, postoperative pain, headache, toothache, adnexitis; infectious inflammatory diseases of ENT organs with a severe pain syndrome (as part of a comprehensive therapy): pharyngitis, tonsillitis, otitis.

Contraindications. Hypersensitivity to the components of the drug, acute peptic ulcer and duodenal ulcer; severe heart, hepatic, renal failure; children under 15 of age, pregnancy, lactation period.

Packaging. 10 suppositories in contour cell packs.

Storage conditions. Store below 15 °C away from sunlight. Keep out of reach of children.

Shelf life. 2 years.





#### SUPPOSITORIES

## ESTROVAGIN®

#### Vaginal suppositories

Composition. Active ingredient: estriol – 0.5 mg. Inactive ingredient: witepsol W 35.

Description. Estriol is a natural female hormone analogue.

Indications. A substitution hormone therapy (SHT) for the treatment of vaginal atrophy caused by the estrogen deficiency; preoperative and postoperative therapy in postmenopausal woman who will have or have had a vaginal approach surgery; for diagnostic purposes: in case of unclear results of cytological study of cervical epithelium on the background of atrophic changes.

Contraindications. Hypersensitivity to the components of the drug; established (including anamnesis) or suspected breast cancer; estrogen-dependent malignant neoplasms or a suspicion of them (including endometrial cancer); vaginal bleeding of an unclear etiology; untreated endometrial



hyperplasia; previous idiopathic or current venous or arterial thromboembolism (myocardial infarction, angina); acute current or pre-existing liver diseases; porphyria; pregnancy; breastfeeding.

Packaging. 10 suppositories in contour cell packs.

Storage conditions. Store between 2-25 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life, 3 years.





#### Vaginal suppositories

**Composition.** Active ingredient: povidone iodine – 0.20 g (with a content of at least 10 % of free iodine converted to a dry matter). *Inactive ingredients*: polyethylene oxide 400, polyethylene oxide 4000, polyethylene oxide 1500.

**Description.** It has a wide range of antimicrobial activity against bacteria (incl. Escherichia coli and Staphylococcus aureus), fungi, viruses and protozoa.

**Indications**. Acute and chronic vaginal inflammatory diseases (mixed, non-specific infections), including vaginal infections caused by trichomonads and fungi; preoperative prevention of gynecological complications of infectious genesis.



**Contraindications**. Individual hypersensitivity to the drug, hyperthyroidism, During disease, thyroid adenoma, renal failure, simultaneous therapy with radioactive iodine, childhood, pregnancy (1st trimester), breastfeeding. *With caution:* 2nd and 3rd trimesters of pregnancy, decreased kidney function.

SUPPOSITORIES

Packaging, 200 mg suppositories, 10 pcs.

**Storage conditions**. Store below 15 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life. 2 years.



#### PRODUCT GUIDE

#### SUPPOSITORIES

## METHYLURACIL

#### Rectal suppositories

**Composition.** Active ingredient: dioxomethyltetrahydropyrimidine – 500 mg. Inactive ingredient: solid fat.

Description. It has immunostimulatory, anti-inflammatory and regenerating activity.

Indications. Proctitis, sigmoiditis, ulcerative colitis.

**Contraindications**. Hypersensitivity, leukosis (leukemic and especially myeloid forms), Hodgkin lymphoma, tumors of the hematopoietic and lymphoid tissues, malignant diseases of the bone marrow, children under 8 years of age.

Packaging. 10 suppositories in contour cell packs.



**Storage conditions**. Store below 15 °C away from sunlight. Keep out of reach of children.



#### Vaginal suppositories

Composition. Active ingredient: metronidazole - 0.5 g. Inactive ingredient - solid fat.

Description. It has antimicrobial and antiprotozoal effect.

Indications. Topical treatment of trichomonal and nonspecific vaginitis.

Contraindications. Hypersensitivity to metronidazole or other nitroimidazole derivatives, blood diseases, leukopenia (including anamnesis, decrease in the number of leukocytes in blood), loss of coordination, organic lesions of the CNS (including epilepsy), liver failure (in case of prescription of high doses), pregnancy (1st trimester), breastfeeding.



Packaging. 10 suppositories in contour cell packs.

Storage conditions. Store below 20 °C away from sunlight. Keep out of reach of children.

Shelf life. 2 years.





### SUPPOSITORIES

## PARACETAMOL

#### Rectal suppositories for children

Composition. Active ingredient: paracetamol - 100 mg. Inactive ingredient - solid fat.

Description. A febrifuge, anti-inflammatory and analgesic drug.

Indications. Febrile states, flu, inflammatory conditions, headache, toothache, neuralgia, pain conditions of various etiology.

Contraindications. Hypersensitivity to paracetamol, neonatal period (up to 1 month of age).

Packaging. 10 suppositories in contour cell packs.

Storage conditions. Store in a dry, cool place away from sunlight. Keep out of reach of children.



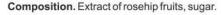




### CHOLOSAS® Syrup

**ХОЛОСАС** 

**OILS & SYRUPS** 



Description. The preparation has a choleretic action due to the content of flavonoids.

Indications. A complex therapy of non-calculous cholecystitis and hepatitis.

Contraindications. Hypersensitivity to the drug's components, pregnancy, lactation, children under 12 years of age. The preparation is not recommended for patients with a rare congenital fructose intolerance, glucose-galactose malabsorption, sucrase-isomaltase insufficiency. With caution: diabetes mellitus.

Packaging, 95 ml, 215 ml glass bottles.

Storage conditions. Store below 15 °C. Keep out of reach of children.

Shelf life. 3 years.



ХОЛОСАС

## ROSEHIP OIL

Liquid



50 мл

Composition. Rosehip oil.

Description. It stimulates regeneration processes of skin and mucous membranes.

Indications. Rosehip oil is used externally to treat cracked nipples and nipple abrasions in nursing women, pressure sores, trophic ulcers, ozena, ulcerative colitis (in complex therapy), dermatosis (along with oral intake).

Contraindications. Hypersensitivity to the components of the drug. Oral use: pregnancy, children under 12 years of age.

Packaging. 50 ml bottles.

Storage conditions. Store below 20 °C away from sunlight. Keep out of reach of children.



## SEA-BUCKTHORN OIL

#### Capsules



Composition per 1 capsule. Active ingredient: seabuckthorn oil concentrate with the sum of carotenoids equivalent to beta-carotene 300 mg% - 0.2 g. Inactive ingredients: sunflower oil, gelatin, glycerin, methyl parahydroxybenzoate, water.

Description. Sea-buckthorn oil has a general tonic effect. It stimulates reparative processes, accelerates damaged tissues healing. It reduces the intensity of free radical processes and protects cellular and subcellular membranes from damage. The amount of carotenoids is not less than 180 mg%.

Indications. It's used as a part of a complex therapy of gastric ulcer and duodenal ulcer, hyperacid gastritis; after gastrointestinal tract surgery.

Contraindications. Hypersensitivity, cholecystitis, cholangitis, pancreatitis, gallstone disease, hepatitis, cholelithiasis, children under 12 years of age.

Packaging, 0.2 g capsules in a plastic jar, 100 pcs.

Storage conditions. Store below 15 °C away from sunlight. Do not freeze. Keep out of reach of children.

Shelf life. 1.5 years.



#### **OILS & SYRUPS**

## SEA-BUCKTHORN OIL

Liquid



Composition. Active ingredient: sea-buckthorn oil concentrate with the sum of carotenoids equivalent to betacarotene 300 mg%. Inactive ingredient: sunflower oil.

Description. It stimulates reparative processes in cases of skin and mucous membrane lesions of various etiology (radiolesions, burns, ulcers). The amount of carotenoids is not less than 180 mg%.

Indications. A complex therapy of radiolesions and burns of skin and mucous membranes; gastroenterology: stomach ulcer and duodenal ulcer; gynecology: colpitis, endocervicitis, cervical erosion; proctology: hemorrhoids and rectal fissures in adults and children above 14 years of age.

Contraindications. Hypersensitivity to the drug. Oral intake: cholecystitis, cholangitis, pancreatitis, cholelithiasis, hepatitis; rectal administration: diarrhea: children under 14 years old.

Packaging, 50 ml, 100 ml bottles.

Storage conditions. Store between 8-15 °C away from sunlight. Keep out of reach of children.

Shelf life, 1.5 years.



## amiodarone

#### Tablets

Composition. Active ingredient: amiodarone hydrochloride - 200 mg. Inactive ingredients: lactose monohydrate, starch, microcrystalline cellulose, talc, povidone, calcium stearate.

Description. Amiodarone normalizes heart rhythm; improves heart blood supply by increasing coronary blood flow; dilates peripheral vessels helping to lower blood pressure and reduce myocardial oxygen demand.

Indications. Prevention of paroxysmal arrhythmias relapse and eventually sudden death in highrisk patients.

Contraindications. Hypersensitivity to the components of the drug or iodine; sick sinus syndrome; first- and second- atrioventricular (AV) block, bifascicular and trifascicular block without a



pacemaker; hypothyroidism; marked hypotension; pregnancy, lactation; congenital or acquired long QT syndrome; children under 18 years of age.

Packaging. 10 tablets of 200 mg.

Storage conditions. Store below 25 °C away from sunlight. Keep out of reach of children.

Shelf life. 2 years.



**TABLETS** 

## HOPANTAM®

#### Tablets

Composition. Active ingredient: hopantenic acid – 0.25 g or 0.5 g. Inactive ingredients: magnesium carbonate, calcium stearate, talc, methylcellulose.

Description. A nootropic drug that reduces motor excitability, increases organism's resistance to hypoxia, provides anticonvulsant effect and stimulates intellectual functioning.

Indications. Cognitive impairment caused by the aftereffects of neuroinfections or a head injury; a complex therapy of schizophrenia and epilepsy; the impairment of mental and physical performance. Pediatric use (> 3 years of age): mental retardation (including speech and motor delay or a combination thereof), hyperkinetic disorders (attention deficit hyperactivity disorder), neurosislike conditions (ticks; stuttering), neurogenic disorders of urination.

Contraindications. Hypersensitivity, acute severe kidney diseases, pregnancy (1st trimester) and lactation.

Packaging. 50 tablets of 0.25 g or 0.5 g.



Storage conditions. Store below 25 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life. 4 years.

**TABLETS** 

#### Film-coated tablets

ΚΕΤΟΠΑΚ<sup>®</sup>

покрытые плёночной оболочкой

20 таблеток по 10 мг

таблетки,

Composition. Active ingredient: ketorolac tromethamine - 0.01 g. Inactive ingredients: microcrystalline cellulose, lactose, magnesium stearate, hypromellose, titanium dioxide. macrogol 4000

Description. Anti-inflammatory, analgesic and antipyretic drug.

ЗАО "АЛТАЙВИТАМИНЫ"

Indications. Pain syndrome of strong and moderate severity: injuries, toothache, pain in the postpartum and postoperative period, cancer, myalgia, arthralgia, neuralgia, radiculitis, dislocations, sprains, rheumatic diseases.

Contraindications. Hypersensitivity to the components of the drug; the exacerbation of inflammatory bowel diseases; severe heart, liver or renal failure; pregnancy; breastfeeding; children under 16 years of age.

Packaging, 20 film-coated tablets of 10 mg.

Storage conditions. Store below 30 °C in a dry place away from sunlight. Keep out of reach of children.

Shelf life. 2 years.





TABLETS

## MELOXICAM

#### Tablets

Composition. Active ingredient: meloxicam - 7.5 mg or 15 mg. Inactive ingredients: lactose, potato starch, microcrystalline cellulose, povidone, sodium citrate, talc, magnesium stearate.

Description. Anti-inflammatory, analgesic and antipyretic drug.

Indications. Symptomatic treatment of osteoarthritis, rheumatoid arthritis, ankylosing spondylitis (Bekhterev's disease).

Contraindications. Hypersensitivity to the components of the drug, the exacerbation of inflammatory bowel diseases, severe renal, liver or heart failure; pregnancy, breastfeeding; age under 15 years of age.



Packaging. 20 tablets of 7.5 mg or 15 mg.

Storage conditions. Store between 0-25°C. Keep out of reach of children.



#### Sublingual tablets

Composition. Active ingredient: levomenthol solution in menthyl isovalerate - 60 mg. Inactive ingredients: sugar, calcium stearate.

Description. Sedative and vasodilator drug.

Indications. Functional cardialgia, neurosis, travel sickness (nausea and vomiting).

Contraindications. Hypersensitivity to the drug components, sucrase-isomaltase insufficiency, fructose intolerance, glucose-galactose malabsorption, children under 18 years of age.

Packaging. 60 mg tablets in blisters of 6 or 10 pcs.



Storage conditions. Store below 25 °C. Keep out of reach of children.

Shelf life. 2 years.





## VASOTONE

#### Capsules

Active component. L-arginine.

Properties. Amino acid L-arginine is the main source of nitrogen oxide (NO) synthesis in the organism. Nitrogen oxide is the substance that has a significant effect on blood vessels. Its key property is the ability to relax smooth muscles of blood vessels, which is very important for their elasticity. Thanks to this, the normal permeability of blood vessels is maintained and the correct blood microcirculation is ensured either in large vessels or in small capillaries. Moreover, the condition of the vascular system is closely related to male reproductive function, as a circulatory disorder can cause various sexual disorders.



Contraindications. Hypersensitivity to the components, pregnancy and lactation, herpes diseases, schizophrenia.

Directions. Adults - 1 capsule 3 times a day at mealtimes during 1 month.

Product form. 30 or 60 capsules of 0.5 g.

Storage conditions. Keep in a dark place at the temperature from 10 °C to 25 °C.

## ANGIOVIT® MAGNESIUM

#### Capsules

#### Vitamins B6, B9, B12 and Magnesium

Composition. Active ingredients: trimagnesium dicitrate anhydrous, pyridoxine hydrochloride (vitamin B6), folic acid (vitamin B9), cyanocobalamin (vitamin B12). Inactive ingredients.

Description. Vitamins B6, B9, and B12 and magnesium help to build up a complex defense of human cardiovascular and nervous systems. Also this combination supports the health of a pregnant woman and her expected baby. These components can be used in conditions of high magnesium need: poor nutrition and diets, intensive physical loads, stresses, pregnancy and some drugs intake.

Vitamin B6 (pyridoxine hydrochloride) is necessary for the normal functioning of central and peripheral nervous systems. It also improves magnesium intestinal absorption and its cellular penetration. Vitamin B6 helps to relief pregnancy sickness reducing nausea severity.

Vitamin B9 (folic acid) is necessary for the correct functioning of the vascular system. Folic acid is used to lower the risks of miscarriage and congenital malformations of the fetus.

Vitamin B12 (cyanocobalamin) helps the organism to uptake folic acid and provide homocysteine metabolism. A high level of homocysteine in blood can affect the cardiovascular system promoting the formation of clots and atherosclerotic plaques. During the pregnancy the deficiency of cyanocobalamin can affect the nervous system of the fetus.

Magnesium (magnesium citrate) has a direct cardioprotective action, provides normal heart rhythm and stable arterial tension. The magnesium need increases along with blood cholesterol level because magnesium can reduce platelet aggregation and subsequently lower the risks of thrombosis. During the pregnancy the combination of magnesium, vitamins B6 and B9 supports normal vascular and uterine tone - a very important condition for the prophylaxis of obstetric pathologies.

Contraindications. Hypersensitivity to the components of the supplement, lactation period.

Warnings and Precautions. The use of the supplement during pregnancy should be approved by a doctor.

Methods of application and dosage. Adults: two capsules 3-4 times a day at mealtime with water. The course duration is 30 days, it can be repeated 2-3 times a year. Consult a doctor before use.

Packaging, 450 mg capsules.

Storage conditions. Keep in a place protected from light and at the temperature not exceeding 25 °C. Do not freeze the product.

Shelf life, 2 years.



**60 капсул** по 450 мг





## ALTAY CEDAR NUT OIL

#### Capsules

Assortment. Cedar nut oil; cedar nut oil with vitamin E; cedar nut oil with sea-buckthorn oil.

Active components. Cedar nut oil, vitamin E or sea-buckthorn oil.

**Properties.** Pine nut is a source of polyunsaturated fatty acids (PUFAs) omega-6, vitamins A, E, B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub> (PP), D and minerals. This composition helps to strengthen the immune system, maintain the body defenses against seasonal respiratory infections and during the periods of nerve strain. Cedar

oil is the leader among natural oils in phospholipids which are the peculiar

bad cholesterol solvents.

**Contraindications.** Hypersensitivity to the components, pregnancy, breastfeeding. Consult a doctor before use.

**Directions.** Adults and children over 14 years – 2 capsules three times a day at mealtimes during 1 month. Repeat the course if needed.

Product form. 60 capsules of 0.5 g.

**Storage conditions.** Keep in a dry place away from direct sunlight, out of reach of children at the temperature not exceeding 25 °C.

Shelf life. 2 years.





#### PRODUCT GUIDE



## ALTAY FLAXSEED OIL

#### Capsules

Active component. Flaxseed oil.

**Properties.** Flax seeds is a source of polyunsaturated fatty acids (PUFAs) omega-3. Flaxseed oil is almost half alpha-linolenic acid (omega-3). Due to omega-3 the oil supports cardiovascular system, provides blood fluidity, maintains normal functioning of the heart muscle (myocardium). It also helps to keep cholesterol level within the limits of the physiological norm, normalize lipid metabolism and stimulate intestinal peristalsis to reduce the number of the absorbed calories.



**Contraindications.** Hypersensitivity to the components, pregnancy, breastfeeding. Consult a doctor before use.

 $\begin{tabular}{ll} \textbf{Directions.} & Adults-1 & capsule twice a day at meal times during 1 month. \\ The course can be repeated 1-2 times a year. \\ \end{tabular}$ 

Product form. 60 capsules of 0.5 g.

Storage conditions. Keep in a dry place away from direct sunlight out, of reach of children at the temperature from 8 °C to 12 °C.

## 22

## ALTAY SEA-BUCKTHORN OIL

#### liquid and in capsules

Active components: sea-buckthorn oil, vitamin E.

Properties. Sea-buckthorn is a source of natural pigments – carotenoids (vitamin Aprecursors).

Being synthesized from carotenoids vitamin A is essential for normal eyesight and visual apparatus health. This vitamin also stimulates skin and mucous membranes regeneration, has a positive effect on the processes of cell and tissue nutrition and on the whole digestive system functioning.



**Contraindications.** Hypersensitivity to the components, pregnancy, breastfeeding, cholelithiasis, pancreatitis. Consult your doctor before use.

**Directions.** Adults -2 capsules (0.5 g) three times a day or 5 capsules (0.2 g) three times a day, or 1/2 teaspoon (2.5 m) once a day at mealtimes. The course is 3-4 weeks. Repeat the course if needed.

**Product form.** 60 capsules of 0.5 g; 100 capsules of 0.2 g; liquid form – 50 ml. 100 ml.

Storage conditions. Keep in a dry place away from direct sunlight, out of reach of children at temperature not exceeding 15  $^{\circ}$ C.

Shelf life. Capsules - 2 years; liquid form - 1 year.

PRODUCT GUIDE



## ALTAY NATURAL OILS

capsules

SET



#### Altay Natural Oils Includes:

- Sea-buckthorn oil (Natural regeneration)
- Cedar nut oil (Against stress and fatigue)
- Flaxseed oil (Protection of heart and vessels)

Altay Natural Oils Gift Set – a unique source of essential bioactive substances combined in one bow and a wonderful gift for those who haven't got a chance to visit Altay yet.

## MARAL® CARBOHYDRATE METABOLISM CONTROL

Balm



The basis of the balm is black chokeberry juice, which is rich in natural antioxidants and tannins that take part in regulating of reductive-oxidative processes in a human body. They also indirectly influence the normalization of carbohydrate and lipid metabolism. The fruits of black chokeberry are known to contain sorbate that serves as a sugar substitute for the people who have to decrease the amount of sugar they consume. Another significant component is Altay maral (Siberian red deer) dehydrated blood, containing growth factors 1 and 2. They take part in the regulation of blood sugar and insulin levels as well as the expenditure of fats and proteins. Also the composition of the balm includes chrome, which actively influences the accessibility of glucose, helps to control blood sugar and reduces sweet cravings.

**Active components.** Black chokeberry unclarified juice concentrate, maral (red deer) dehydrated blood, chromium picolinate.

**Directions.** Adults – 1 teaspoon three times a day at mealtimes during one month. The course can be taken 3-4 times a year.

Product form. 100 g bottle.

Storage conditions. Keep in a cool place away from direct sunlight. **Shelf life.** 2 years.



PRODUCT GUIDE

## Maral® antistress

#### Capsules

**Maral Antistress** contains the components required for good functioning of nervous system when stressed and during high emotional exertion.

**Composition.** Microcrystalline cellulose, preserved maral (red deer) velvet antlers or maral velvet antlers powder, glycine, calcium stearate, pyridoxine hydrochloride, valerian dry extract, capsule shell (medical gelatin, colors: titanium dioxide, brilliant black, carmoisin).

**Directions.** Adults – 1 capsule twice a day at mealtimes. The course is 1 month. It can be taken 3-4 times per year.



**Contraindications.** Individual intolerance to the components, pregnancy, lactation. Consult a doctor before use.

Product form. 30 capsules of 500 mg in a pack.

**Storage conditions.** Keep in a dry place out of reach of children at the temperature below 25 °C.

## MARAL® ENERGY

#### Capsules

**Maral Energy** contains the components that produce a tone up effect and are aimed at the supporting of the organism during high physical loads either in daily life or during sport exercises.

**Composition.** Microcrystalline cellulose, preserved maral (red deer) velvet antlers or maral velvet antlers powder, L-carnitine tartrate, calcium stearate, maral root (rhaponticum) dry extract, riboflavin (vitamin B2), capsule shell (medical gelatin, colors: titanium dioxide, quinolinic yellow, azorubine).

**Directions.** Adults – 1 capsule twice a day at mealtimes. The course is 1 month. It can be taken 3-4 times per year.



**Contraindications.** Individual intolerance to the components, pregnancy, lactation, high blood pressure. Consult a doctor before use.

Product form. 30 capsules of 500 mg in a pack.

**Storage conditions.** Keep in a dry place out of reach of children in a temperature below 25 °C.

Shelf life. 2 year.

PRODUCT GUIDE



## MARAL® IMMUNITY

#### Capsules

**Maral Immunity** is enriched with vitamins and microelements traditionally used for immune system strengthening and quick recovery after diseases.

**Composition.** Microcrystalline cellulose, preserved maral (red deer) velvet antlers or maral velvet antlers powder, ascorbic acid (vitamin C), zinc citrate 3-hydrate, calcium stearate, coneflower dry extract, capsule shell (medical gelatin, colors: titanium dioxide, indigo carmine).

**Directions.** Adults -1 capsule twice a day at mealtimes. The course is 1 month. It can be taken 3-4 times per year.

Contraindications. Individual intolerance to the components, pregnancy, lactation, progressing

system diseases (collagenosis, leukemia, cerebrospinal sclerosis). Consult a doctor before use.

Product form. 30 capsules of 500 mg in a pack.

**Storage conditions.** Keep in a dry place out of reach of children at the temperature below 25 °C.



# MARAL PRODUCT LINE

## MARAL® FOR MEN

#### Capsules

Maral For Men was created taking into consideration the individualities and needs of men. This product contains a special complex of vitamins, microelements and amino acids to refill their possible deficit that can strongly affect the male reproductive system. Many of these essential components are found in maral (Siberian red deer) blood plasma taken during the mating season.

**Composition.** Lyophilized maral (red deer) blood plasma, L-arginine, calcium hydrophosphate, microcrystalline cellulose, calcium stearate, lycopene 10 %, zinc citrate 3-hydrate, vitamin E 50 %.

**Directions.** Adult men – 1 capsule three times a day at mealtimes. The course is 3-4 weeks. It can be taken 3-4 times per year.



**Contraindications.** Individual intolerance to the components, insomnia, hyperexcitability, hypertension. Consult a doctor before use.

Product form. 30 capsules of 270 mg in a pack.

Storage conditions. Keep in a dry place out of reach of children away from direct sunlight at the temperature below 25 °C.

Shelf life. 2 year.



#### PRODUCT GUIDE

## MARAL® FOR MEN

#### Suppositories

These suppositories were created especially to support the male reproductive system. The effect is provided by the perfectly chosen components, that are widely used for the solving of men's genital sphere problems. Such an approach provides a complex, continuous and increasing effect unlike immediate potency stimulators. **Maral For Men** is produced in form of suppositories to ensure a quick delivery of the active components to the pelvic organs.

Composition. Lyophilized maral (red deer) blood plasma, L-arginine hydrochloride, red root (sweetvetch) dry extract, aerosil, solid fat.

**Directions.** Adult men – 1 suppository intrarectally every day before going to bed. The course is 10 days. It can be taken again in a week.



**Contraindications.** Hypersensilivity to the components.

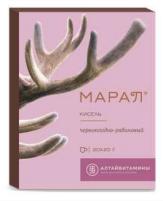
Product form. 10 suppositories.

Storage conditions. Keep out of reach of children away from direct sunlight at the temperature below 25 °C.

# MARAL® BLACK CHOKEBERRY KISSEL

#### with zinc

From long ago kissel has been a Russian traditional drink, well-known to allay thirst in a hot day and warm up in frosts, to enjoy at mealtimes and use as a cure in illness periods. It was based strictly on natural ingredients, retaining their hale after cooking. Altavitaminy company combined old kissel recipes with the best natural adaptogen – maral (red deer) velvet antlers, and enriched it with essential microelements.



**Composition.** Preserved maral (red deer) velvet antlers or maral velvet antlers powder, black chokeberry juice concentrate, ascorbic acid (vitamin C), zinc citrate 3-hydrate, granulated sugar, potato starch, citric acid, acacia gum, carmine natural food color.

**Directions.** Adults – 20 g (one tablespoon) to dissolve in 200 ml of hot water stirring well and drink once a day during breakfast or lunch. The course is 1 month.

**Contraindications.** Individual intolerance to the components, pregnancy, lactation, carbohydrate metabolism disorder.

**Product form.** A pack of 20 portions of 20 g (stick packs), 300 g, 700 g (pack).

**Storage conditions.** Keep in a dry place away from direct sunlight at the temperature below 25 °C.

Shelf life. 1 year.

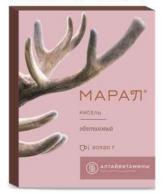
PRODUCT GUIDE



## MARAL® SEA-BUCKTHORN KISSEL

#### with L-carnitine

The nutrition of any sportsman either a professional or a newcomer is an uneasy and responsible task. It's difficult to choose the correct diet to increase training effect, endurance and power. Altayvitaminy's sport nutrition experts had been working on this problem for several years till they came to a simple and effective result. They have combined the verified components of sport ration in the form of a nutritional kissel.



**Composition.** Preserved maral (red deer) velvet antlers or maral velvet antlers powder, sea-buckthorn juice concentrate, L-carnitine tartrate, ascorbic acid (vitamin C), granulated sugar, potato starch, citric acid, acacia gum.

**Directions.** Adults – 20 g (one tablespoon) to dissolve in 200 ml of hot water stirring well and drink once a day during breakfast or lunch. The course is 1 month.

Contraindications. Individual intolerance to the components, pregnancy, lactation, carbohydrate metabolism disorder.

**Product form.** A pack of 20 portions of 20 g (stick packs), 300 g, 700 g (pack).

**Storage conditions.** Keep in a dry place away from direct sunlight at the temperature below 25 °C.

# MARAL® WITH PANTOHEMATOGEN

#### Instant energy drink

This drink can be used either by sportsmen of any level or everybody who leads an active lifestyle. Maral with pantohematogen is also very useful for the people suffering from chronic fatigue



syndrome or those who simply feel exhausted and washed-out after a working day. This product is recommended in the periods of high physical loads, loss of productivity and decrease of immunity. **Active components.** Black chokeberry juice concentrate, maral root (rhaponticum) extract, pantohematogen, vitamins C, B<sub>1</sub>, PP.

**Directions.** Adults and children over 14: dissolve 20 g (one tablespoon) of the product in 200 ml of water and drink twice a day at mealtimes.

**Contraindications.** Individual intolerance to the components, diabetes mellitus, hyperexcitability, insomnia, hypertension, cardiac dysfunction, significant atherosclerosis, pregnancy, lactation period, age under 14.

Product form. 20 g, 700 g (plastic package), 300 g (pack).

Storage conditions. Keep in a dry and cool place away from direct sunlight at the temperature below 25 °C.

Shelf life. 1 year.



#### PRODUCT GUIDE

# MARAL® EXTRA

#### Instant energy drink

Maral Extra represents the next generation of Altayvitaminy's sport drinks being a modified product enriched with additional biologically active substances. Maral Extra was created especially for sportsmen to use it during the periods of high-intensive trainings and competitions. This drink can activate body resources influencing its key systems but not being a dope at the same time.



Active components. Black chokeberry juice concentrate, maral root (rhaponticum) extract, pantohematogen, sodium citrate, potassium citrate, magnesium dicitrate, vitamins C, PP, B1, B5, B6.

**Directions.** Adults and children over 14: dissolve 20 g (one tablespoon) of the product in 200 ml of water and drink twice a day at mealtimes.

**Contraindications.** Individual intolerance to the components, pregnancy, lactation, significant atherosclerosis, cardiac decompensation, hyperexcitability, insomnia, hypertension, obesity, carbohydrate metabolism disorder, age under 14.

Product form. 300 g (pack), 20 g, 700 g (plastic package),

Storage conditions. Keep in a dry place away from direct sunlight at the temperature below  $25\,^{\circ}\text{C}$ .

# MARAL® PROFY /MARAL PRO/

#### Instant energy drink

This is a complex professional drink with an extended composition, including additional herbal components such as natural adaptogens. It can be used as a special sport drink during the most intensive trainings along with extreme physical loads and competitions of the highest level. It doesn't contain any dope ingredients.



Active components. Black chokeberry juice concentrate, maral root (rhaponticum) extract, red root (sweetvetch) extract, rhodiola algida extract, pantohematogen, sodium citrate, potassium citrate, magnesium dicitrate, zinc lactate, vitamins C, PP, B1, B5, B6.

**Directions.** Adults: dissolve 20 g (one tablespoon) of the product in 200 ml of water and drink twice a day at mealtimes.

**Contraindications.** Individual intolerance to the components, pregnancy, lactation, significant atherosclerosis, cardiac decompensation, hyperexcitability, insomnia, hypertension, age under 18, obesity, carbohydrate metabolism disorder.

Product form. 300 g (pack), 20 g, 700 g.

Storage conditions. Keep in a dry place away from direct sunlight at the temperature below 25 °C.

Shelf life. 1 year.

PRODUCT GUIDE



# MARAL® SKIPIDARNYE VANNY

#### **Turpentine Bath Emulsions**

WHITE & YELLOW EMULSIONS

Famous turpentine bath solutions now are supplemented with maral (red deer) breeding products. Due to a high content of biologically active substances in maral velvet antlers (lipids and microelements), their combination with classical techniques helps to quickly achieve the desired results – metabolism stimulation and a consistent weight loss.

Active ingredients of yellow emulsion. Balsam turpentine oil, castor oil, oleic acid, preserved maral velvets or maral velvets powder, sodium hydroxide.



Active ingredients of white emulsion. Balsam turpentine oil, castor oil, oleic acid, preserved maral velvet antlers or velvet antler powder, 9 % sea-buckthorn vinegar, camphor.

**Application.** Shake before use! Measure out the needed amount of emulsion, dissolve it in a separate container with 1-2 liters of hot water and shake well for 2-3 minutes. Fill the bath with water and pour the prepared solution into it, stirring vigorously. The procedure time is 10-15 minutes. The course is 8-10 baths (every day or every second day). Blood pressure control is required before and after the procedure.

Contraindications. Individual intolerance to the components.

Product form, 80 g (bottle/pack).

Storage conditions. Keep in a dark place out of reach of children at the temperature from 5 °C to 25 °C.

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MARAL PRODUCT LINE

# MARAL® PANTOVYE VANNY MARAL® LUX /DOUBLE CONCENTRATION/

#### Bath concentrate

MAPAT

A SE HOUMA

This is a cleansing, regenerating and toning up product based on maral velvet antlers – a unique Altay natural raw material. Being specially processed, it becomes a strong health-promoting substance that contains microelements, hormones and growth factors. Velvet antler baths are the simplest way to use such a prominent composition for the improvement of joint system, nervous

system and reproductive system condition. Nowadays it is one of the most popular types of Altay hydrotherapy and at last it is available in a form of a bath concentrate for a home use.

Active ingredients: preserved maral (red deer) velvet antlers or maral velvet antlers powder, sodium chloride, sea-buckthorn vinegar. Directions. Fill the bath with water (37 °C), dissolve 100 ml (1 full bottle) of the concentrate in water. The procedure time is 10-15 minutes. One course is 8-12 procedures. It is recommended to repeat the course 2-4 times a year for a better long-lasting effect. Blood pressure control is required before and after the procedure.

Contraindications. Individual intolerance to the components.

Product form. 100 ml (bottle/pack), set of 6 bottles.

Storage conditions. Keep at the temperature not exceeding 25 °C out of the reach of children, away from direct sunlight.

Shelf life. 2 years.

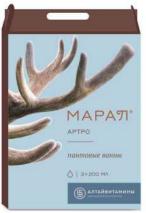


PRODUCT GUIDE

# MARAL® ARTHRO PANTOVYE VANNY

**Bath contentrate** 

RED DEER VELVET ANTLER BATH CONCENTRATE FOR JOINTS



Maral Arthro bath concentrate is a unique combination of three active natural components. It was designed to support the normal functionality of joints and different spine regions, stimulate blood circulation in muscle tissue, activate regeneration processes and improve skin condition.

Active components. Maral (red deer) velvet antler cooking water, concentrate of dry brine form Lake Kuchukskoe (Altay region), purified mumiyo.

**Application.** Fill the bath with water (37 °C) and dissolve 200 ml (1 full bottle) of the concentrate in it. The procedure time is 10-15 minutes. Other hydrotherapeutic procedures are allowed not earlier than after 2 hours. It is recommended to repeat the course of 8-12 baths twice a year for a better long-lasting effect. Blood pressure control is required before and after the procedure.

Product form. 200 ml (bottle/pack), set of 3 bottles.

**Storage conditions.** Keep out of reach of children at the temperature not exceeding 25 °C away from direct sunlight.

# MARAL® ARTHRO

gel



This gel can be used for joints and spinal articulations. It combines the action of maral (red deer) dehydrated blood and herbal components, contributing to the improvement of the functional status of the musculoskeletal system. Regular use of Maral Arthro gel helps to reduce the swelling of inflamed periarticular soft tissues and increase the endurance of joints during physical loads. The gel goes well with any type of massage. Marsh cinquefoil extract has the ability to restore cartilage structure and dissolve tophus, which is very important in cases of joint diseases. Hot pepper extract has a warming and distracting effect due to the contained capsaicin.

Fir-tree oil improves blood and lymph microcirculation in joint tissue, helping to restore normal nourishment of cartilaginous tissue. Maral dehydrated blood contains proteins that are important for joint and skin nutrition.

Active components, Maral dehydrated blood, hot pepper extract, menthol, firtree oil, marsh cinquefoil dry extract.

Application. Put some cream on a clean skin and gently massage until complete absorption.

Product form. Plastic tube, 70 g.

Storage conditions. Keep in a dry place away from direct sunlight at the temperature from 0  $^{\circ}$ C to 25  $^{\circ}$ C.

Shelf life. 2 years.

PRODUCT GUIDE



# MARAL® REGENERATION

#### cream



This skin cream is recommended to use eigher in complex with velvet antler baths or separately. It provides a continuous moisturizing and softening effect, stimulates skin natural protective function and helps to heal small injuries.

**Active components:** maral (red deer) blood plasma, purified mumiyo, seabuckthorn oil, D-panthenol.

**Application.** Put some cream on a clean skin and gently massage until fully absorbed.

Product form. Aerosol can 80 g.

Storage conditions. Keep in a dry place away from direct sunlight at the temperature from 0  $^{\circ}\text{C}$  to 30  $^{\circ}\text{C}$  .

# SEPTIMA, SEPTIMA plus

DISINFECTANTS

SEPTIMA disinfectants for quick disinfection of hands, air and surfaces from viruses. bacteria and fungi.

#### Product range:

- Disinfectant spray of air & surfaces neutral 250 ml
- Disinfectant spray of air & surfaces eucalyptus 250 ml
- Hand disinfectant spray 200 ml
- Hand sanitizer 30 ml (tube)
- Hand sanitizer 50 ml (plastic bottle)
- Hand sanitizer 100 ml (plastic bottle)
- Hand sanitizer 250 ml (plastic bottle with dispenser)
- Hand sanitizer 1000 ml (plastic bottle with dispenser)



### SEPTIMA DISINFECTANT SPRAY - is an innovative multi-functional product!

- A UNIQUE remedy:
- ✓ Kills up to 99% of viruses, fungi, bacteria;
- It is intended for disinfection of air and surfaces, hand disinfection.

It contains ethyl alcohol (Septima) or isopropyl alcohol (Septima plus) as the most effective and safe disinfectants as per the recommendation of WHO.

As well as antibacterial components, special complexes of essential oils (for air and surfaces), and emollients (for hands).

The use of SEPTIMA for the prevention of flu, acute respiratory viral infections and other respiratory diseases, especially during epidemics, allows the consumer to reduce the risk of infection, because this product kills viruses and bacteria in the air, on surfaces and on hands.

#### Aerosol format makes it possible to:

- · Apply it on any surfaces!
- This product works quickly and efficiently without leaving any stains of the product on any surface.

ALL the characteristics of the products and their efficiency against viruses, fungi and bacteria have been scientifically confirmed by Sanitary and **Epidemiological** expertise at the leading research institutes of Russia and Europe.



# OLASOL + PANTHENOL

Aerosol cosmetic cream

Against skin burns, cuts and abrasions.

Aerosol cream for skin care after a high temperature exposure, longed sunbathing or tanning. It also helps to accelerate the healing of small cuts, abrasions and tattoos.

Altay sea-buckthorn oil promotes natural regeneration of skin and normalizes the metabolic processes in its cells.

**D-panthenol** (dexpanthenol) restores the skin integrity damaged by mechanical, chemical and thermal factors.

Chlorhexidine is a general antiseptic agent protecting the skin from pathogenic bacteria.



# **AQUAMICELLE**

#### Micellar sea-buckthorn oil

A universal cosmetics modificator based on Altay sea-buckthorn oil.

It's intended to supply various cosmetic products with a strong natural complex of vitamins and carotenoids.

Sea-buckthorn oil is well known for its regenerating effect, so it is widely used not only in cosmetology, but also in pharmacy.

#### For the first time, sea-buckthorn oil is presented in a micellar form.

The micellar form of the oil increases its bioavailability by 5-10 times, allows to dissolve oil in water, provides a very good skin penetration and stability when mixed with other cosmetics. Micellar oil is not exposed to microbial contamination and does not require preservatives.



Active components. Glycerine, sea-buckthorn oil concentrate, soy lecitin.

**Directions.** For a single use mix 1-2 drops of micellar oil with 10 g of a basic skin care cosmetic for face, hands and body (cream, mask, etc.) in a small container or palm just before use. For a long-term use it is allowed to add micellar oil into the container with the basic cosmetic in the same proportion.

Product form. Plastic bottle, 50 g.

Storage conditions. Keep away from direct sunlight at the temperature not exceeding 25 °C.



# BIONIC

shaving products

FOR MEN

Bionic shaving line is based on the natural herbal components that provide a delicate skin care during and after shaving.

#### BIONIC SHAVING FOAM

Classic components of the foam provide good razor glide and comfortable shaving. Natural extracts of Altay herbs prevent skin irritation and help to control water balance in its cells. Allantoin and D-panthenol soothe the upper skin layer and promote its quick regeneration after a possible cut.

Active components. Maral root (rhaponticum) extract, yarrow extract, D-panthenol, allantoin, boric acid, menthol.

**Application.** Shake before use. Keep the can upside down, dispense onto fingertips and spread the foam over the wet skin.

Product form. Aerosol can, 50 g.

Storage conditions. Keep out of reach of children at the temperature from 5 °C to 25 °C.

Shelf life. 2 years.

#### BIONIC AFTER SHAVE CREAM

The cream protects skin from possible undesirable effects of shaving, keeps it smooth and moistened giving the sense of coolness and refreshment.

**Active components.** Calendula extract, Altay sea-bucthorn oil, D-panthenol.

**Application.** Shake 5-10 times before use. Keep the can upside down, dispense onto fingertips and spread the cream over the skin of face, neck and any other body parts.

Product form. Aerosol can, 50 g.

Storage conditions. Keep out of reach of children at the temperature from 5 °C to 25 °C.

Shelf life, 2 years.

#### BIONIC SHAVING PACK

Contains two basic skin care products for everyday use.

- BIONIC SHAVING FOAM
- BIONIC AFTER-SHAVE CREAM







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# BIONIC unites the advantages of natural components and the latest inventions in cosmetology.

**Bionic** cosmetic line was created especially for the protection of women's natural beauty in aggressive environments of a big city.

These products are based on the technology of transdermal delivery. Due to micelles, the finest particles which transfer the active components such as rosehip and sea-buckthorn oils, vitamin E, active oxygen, roseroot extract into deep layers of skin and stimulate its protective functions on a cellular level. The use of micelles increases the bioaccessibility of these components by several times and provides the maximum effect.

There are 6 products available in Bionic line, that can be used either separately or together to provide an all-round beauty care.

- Make-up Remover Milk
- Anti-wrinkle Eye Cream
- Matting Day Cream for Normal and Combination Skin
- Night Restorative Cream for Dry and Sensitive Skin
- Intensive Restorative Face Cream
- Mimic Wrinkle Correction Serum



# Cosmetic CREAMS

Aerosol creams

These creams are based on the natural components used for face and body skin care. Provide moisturizing, softening and regenerating effect.

#### MUMIYO

For oily and combination skin

Active components. Yarrow herbal extract, calendula flowers extract, purified mumiyo, sea-buckthorn oil.

#### **VIBURNUM**

For dim and tired skin

Active components. Thyme herbal extract, calendula flowers extract, rosehip oil, viburnum oil, purified mumiyo.

#### ALTAY SEA-BUCKTHORN

For dry and sensitive skin

Active components. Thyme herbal extract, yarrow herbal extract, wheat germ oil, sea-buckthorn oil.



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# SILVER BEAUTY®

#### SPA-water aerosol



A simple but effective way to refresh oneself on hot summer days. This aerosol contains Altay mineral water that immediately moistens, refreshes and restores the moisture balance in skin cells. It goes well even with a decorative makeup.

Active components. 100 % natural mineral water with high concentration of silver ions, nitrogen.

Application. Keep the can upright and spray it on the face, neck or any other body part from the distance of 20 cm.

Product form. Aerosol spray-can, 50 g.

Storage conditions. Keep at the temperature from 5 °C to 25 °C.

Shelf life. 1 year.





# SABELNIK PLUS /MARSH CINQUEFOIL PLUS/

#### cream



Marsh cinquefoil extract has anti-inflammatory and pain-relieving action, it reduces muscle tension and joint swelling. Hot pepper extract produces local warming and revulsive effect. Fir-tree oil provides normal nutrition of the cartilage tissue, stimulates blood and lymph microcirculation in joint tissue. Natural propolis helps to save joint cartilage and has an anti-inflammatory effect.

Active components. Marsh cinquefoil dry extract, fir-tree oil, peppermint oil, hot pepper extract, propolis extract.

Application. Squeeze out 1-2 cm of cream and rub it into the massaged area until absorbed.

Product form. Plastic tube, 70 g.

Storage conditions. Keep away from direct sunlight at the temperature from 5 °C to 25 °C.

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# FOOT CARE CREAM



## Foot skin daily care

This complex of natural components has antiseptic and deodorant effect. The cream has a tender consistence, it easily soaks into skin making it soft and smooth.

Active components. Fir-tree oil, aspen bark water extract, pinetree vitamin concentrate, menthol.

**Application.** Gently massage the cream into a clean and dry skin 1-2 times a day.

Product form. Plastic tube, 70 g.

Storage conditions. Keep at the temperature from 0  $^{\circ}$ C to 25  $^{\circ}$ C away from direct sunlight.

Shelf life. 2 years.

PRODUCT GUIDE



# HAND SKIN PROTECTION CREAM



# Hand skin protection from the influence of aggressive environment

This cream is aimed at the protection of hand skin under negative environmental conditions such as high humidity, cold and frost, housework and gardening using aggressive organic substances.

Active components: fir oil, beeswax, sea-buckthorn oil concentrate, glycerin.

**Application.** Before the works apply a thin coat on hands and let it get dry.

Product form. Plastic tube, 75 g.

Storage conditions. Keep at the temperature from 0 °C to 25 °C away from direct sunlight.

# SPORT-ACTIVE®

#### balm



The balm prepares joints and muscles to physical exercises in order to prevent a possible injury. The ingredients of the balm have local irritating, distracting and heating effect. The balm soaks in quickly and leaves no stains on clothes.

Active components. Hot pepper tincture peppermint oil, eucalyptus oil, cedar essential oil, viper venom, castor oil, balsam turpentine oil.

Application. Gently massage the cream into a clean skin until absorbed.

Product form. Plastic tube, 70 g.

Storage conditions. Keep away from direct sunlight at the temperature from 0 °C to 25 °C.

Shelf life. 2 years.



#### ROVIE /HEALTH/





This cream is intended for direct application to the skin during fullbody and local massage of spine and joints to maintain a normal functional status of the musculoskeletal system.

Active components. Fir-tree oil, beeswax, peppermint oil, viburnum oil, purified mumiyo, propolis.

Application. Rub the cream into the massaged area 1-3 times a day.

Precautions. Don't apply the cream onto injured or irritated skin. Avoid contact with eyes and mucous membranes.

Product form. Plastic tube, 70 g.

Storage conditions. Keep away from direct sunlight at the temperature from 0 °C to 25 °C.

# VITALIFE DRINK

GRANULATED VITAMIN DRINK



Vitalife drinks can be refreshing or warming, according to your desire. All that is needed is to dilute it with water of any temperature you want and stir it well.

Assortment. Sea-buckthorn, sea-buckthorn with iodine and iron, viburnum & sea-buckthorn, guilder & sea-buckthorn with iodine and iron, chokeberry, chokeberry with iodine and iron, rosehip, rosehip with iodine and iron.

Active components. Rosehip extract, sea-buckthorn/ viburnum/chokeberry juice concentrate, vitamin complex (A, C, D3, E, B1, B2, B5, B6, B7, B12, P, folic acid), iodine and iron.

Directions. Add 20 g of the product (1 tablespoon) to 200 ml (1 glass) of drinking water and stir thoroughly.

Storage conditions. Keep in a dry and cool place away from direct sunlight.

Product form. 20 g, 700 g (plastic pack); 300 (pack).

Shelf life. 1 year.





# VITALIFE KISSEL

GRANULATED VITAMIN KISSEL



Delicious berry kissels that don't require boiling. Thanks to the unique producing technology all the useful components of natural extracts remain stable at high temperatures. Mix hot water and kissel granules to enjoy a traditional Russian drink.

Assortment. Sea-buckthorn, sea-buckthorn with vitamins and micronutrients, sea-buckthorn with oat; viburnum, viburnum with vitamins and micronutrients, viburnum with oat; rosehip, rosehip with vitamins and micronutrients, rosehip with oat.

Active components. Sea-buckthorn/viburnum/rosehip juice concentrate, vitamin complex, iodine, iron, oat,

Directions. Put 1-2 tablespoons or 20 g (1 pack) of the product into glass and pour boiling water stirring it thoroughly.

Storage conditions. Keep in a dry place away from direct sunlight at the temperature not exceeding 25 °C. Kissels with oat should be kept a dry cool place away from direct sunlight.

Product form. 20 g, 700 g (plastic pack); 300 g (pack).





# LYON-BALANCE® /FLAX-BALANCE/

whole flax seeds



Flax-Balance is a ready to eat product. The seeds are not affected by high temperature processing. This is a source of polyunsaturated fatty acids (omega-3 fatty acids), vitamins and many other biologically active components. This product can be used for the optimization of an unbalanced diet and for the maintenance of a healthy digestion. Consuming of flax seeds helps to keep even low-calorie diets due to dietary fibers that produce the feeling of fullness in stomach. Flax-Balance can be added into salads, soups, meat and hot dishes making them healthier.

**Directions.** The product is ready to use and doesn't require cooking. Take 1-2 tablespoons, chew it and drink not less than 1 glass of water or any other liquid; or put 2-4 tablespoons into dishes and drinks.

Product form. 20 g (plastic pack), 300 g (pack)

Shelf life, 1 year.

Storage conditions. Keep in a dry and cool place at the temperature not exceeding 25 °C. Avoid direct sunlight.

Shelf life. 1 year.



PRODUCT GUIDE



# KALINKA & OBLEPISHKA

VITAMIN DRAGEES

Vitalife Health Product Line



These products are based on sea-buckthorn juice and viburnum extract. They are enriched with vitamin B complex and vitamins A, C, D, E. The use of natural meals in the production of these dragees enables keeping all the important biologically active components of berries undamaged. This optimal combination of taste and health benefit makes **Kalinka** and **Oblepishka** a great replacement for synthetic sweets for children.

As the pleasant taste of these dragees won't leave children indifferent so it's benefits for health will get their parents interested in the product.

**Active components.** Defatted viburnum or seabuckthorn meals, viburnum or sea-buckthorn juice concentrate, vitamin complex.

**Storage conditions.** Keep in a dry place at the temperature 18±3 °C and relative humidity not exceeding 75 %.

Product form. Dragees in a polimer jar, 50 g.



# ALTAY GOLDEN RECIPES

#### Dry herbal mixtures for hot soft drinks brewing

Often while sitting at the table and making one more cup of tea we may catch ourselves thinking: "I'd like to drink something else instead of tea, something healthy, but not a medicine". Then different pharmaceutical herbal mixes come to our mind; but most of them should be prepared in a long term and drunk in small sips due to a strange taste. Is there such a kind of healthy drinks, that are easy to prepare and can be taken without the risk of an "overdose"?



## HEALTH SECRET

This is a real wellspring of natural components, aimed at supporting human body in all ways all around the year, whether in a cool evening or in severe frosts, it's always possible to get warm with a profit to your health.

**Active components.** Black tea, wild chamomile, red raspberry, Baikal skullcap, blueberry, black elderberry.

Directions. Infuse in hot water for 3-5 minutes.

**Storage conditions.** Keep out of reach of children at the temperature not exceeding 25 °C.

Product form. 50 g (pack).

Shelf life. 2 years.



## MEN'S HEALTH

A great number of natural bioactive components of this drink support men's health between the periods the male reproductive system the treatment and prophylaxis of problems in genital sphere. It can also be useful for a healthy man taking care of its sexual success.

**Active components.** Black tea, maral root (rhaponticum), sweetvetch, roseroot, redhaw hawthorn, tormentil, black crowberry, garden sage.

Directions. Infuse in hot water for 3-5 minutes.

Storage conditions. Keep out of reach of children at the temperature not exceeding 25  $^{\circ}\text{C}.$ 

Product form. 50 g (pack).

Shelf life. 2 years.



## SECRET OF VIVACITY

The recipe of this drink is combining natural ingredients which are traditionally used for keeping vivacity, tonus and good mood in the most optimal way.

**Active components.** Black tea, mossberry, cinnamon rose, maral root (rhaponticum), roseroot, sweetvetch, shrubby cinquefoil, redhaw hawthorn, leather bergenia, common nettle, Siberian mountain ash.

Directions. Infuse in hot water for 3-5 minutes.

Storage conditions. Keep out of reach of children at the temperature not exceeding 25 °C.

Product form. 50 g (pack).



# SEA-BUCKTHORN JUICE

#### NFC puply juice



Sea-buckthorn is a unique source of carotinoids, which are the precursors of vitamin A, processing in a human body in the quantity that is needed at the moment. Sea-buckthorn juice also contains vitamin B complex, vitamins C, E and K. The juice is directly squeezed and this technology provides keeping all the natural healthiness in this product.

Sea-buckthorn juice helps to support the immunity during the periods of seasonal diseases, chronic fatigue and rehabilitation.

**Directions.** Take three or more parts of boiled or bottled water for one part of the juice, add honey, sugar or any sweetener (up to your choice). The juice can be added to other drinks. Shake before use.

Product form. Bag-in-box, 1.5 kg.

**Storage conditions.** After opening keep at the temperature from 18 °C to 0 °C not longer than 14 days, at the temperature from 0 °C to 6 °C not longer than 2 days.

Shelf life. 1 year at the temperature not exceeding -18 °C; 6 months at the temperature from 0 °C to 10 °C.

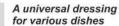


PRODUCT GUIDE



# SEA-BUCKTHORN VINEGAR

NATURAL





Sea-buckthorn vinegar can be used for conservation, sauce and mayonnaise cooking as well as a flavor for hot dishes, starters and salads.

A high concentration of vitamins and other biologically active substances contained in sea-buckthorn makes your favorite dishes not only tasty but healthy. Sea-buckthorn oil has a pretty low acidity level and provides easy and healthy digestion.

Directions. Dilute with water in the ratio 1:1 (6%), 1:2 (9%).

**Product form.** Glass bottle, 6 % – 250 ml, 9 % – 250 ml, 500 ml.

**Storage conditions.** Keep in a dark place out of reach of children at the temperature from -3 °C to 35 °C. The process of freezing and unfreezing of the vinegar doesn't influence the quality of the product.



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